



Essex Public School

50 Essex Street, Toronto, Ontario M6G 1T3 Tel: (416) 393-0717 Fax: (416) 393-0721

Jim Stathopoulos, Principal Natalie Patterson, Vice-Principal

Tuesday, January 6, 2015

Dear Parents/Guardians,

We would like to update you on our Snack Program. During the First Term, we were very successful in maintaining our objective to provide all our students with a healthy snack. Thank you for your support and contributions as this helps us ensure that our students are provided with healthy food options. Very importantly, research shows that eating a healthy meal in the morning can help improve performance at school, give you more energy, reduce hunger, and maintain a healthy weight.

As we are now into our Second Term of the Snack Program, which started in September of this school year, and is given to all students in our school, we would to once again ask for a contribution to help our program. This is a partially subsidized program which helps cover some of the costs (e.g., preparation and food costs), but your donation goes a long way to helping ensure every child gets a snack.

Our objective is to continue to promote healthy eating and to ensure that all of our students have access to a nutritious snack daily.

Thanking you in advance for all of your support.

Sincerely,

J. Stathopoulos
Principal

N. Patterson
Vice Principal

Snack Program Order Form: Please Return by January 16th

Snack Program:

- YES I would like to pay for 2nd term (January 12 to April 2nd, 11 weeks): \$15

Name of Student: _____ Room / Homeroom # _____

Name of Parent/Guardian: _____ Phone # _____

My child has the following food allergies / restrictions: _____

The TFSS will provide a tax receipt for any contribution of \$10.00 or more. Yes, I would like a tax receipt

If Yes, please provide the name and address for the tax receipt:
